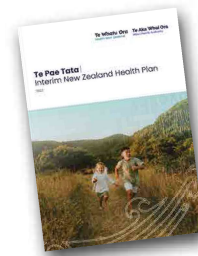


Ethnic Communities

NAVIGATION GUIDE FOR TE PAE TATA | INTERIM NEW ZEALAND HEALTH PLAN 2022

This navigation guide has been prepared to help people identify places in Te Pae Tata likely to be of interest to particular populations and communities in New Zealand. The health and wellbeing needs and expectations of these communities were closely considered in preparing the plan. This guide will lead you to key content in Te Pae Tata that may be specifically relevant to you.



View Te Pae Tata at:
www.TeWhatuOra.govt.nz/te-pae-tata

WHAT IT IS	WHAT IT SAYS IN TE PAE TATA	WHERE IT IS
<p>Equity</p> <p>All New Zealanders have the opportunity to achieve good health and wellbeing outcomes regardless of who they are or where they live</p>	<p>We aspire to service delivery that gives all New Zealanders the opportunity to achieve good health and wellbeing outcomes, regardless of who they are or where they live. Achieving equity treats people differently, acknowledging their different needs.</p> <p>For too long and despite decades of effort to address inequities, our health system has continued to underserve a number of groups in Aotearoa, including ... ethnic communities.</p> <p>Where you live can have a direct impact on whether you can reasonably access a health service that can help you. We also know that the type of service available and how it works can also exclude some people. This can be because you need to have a good understanding of the health system to access and complete treatment, or there may be financial, distance, cultural or digital barriers to that care working for you.</p> <p>We will develop ... services that reflect the needs of these communities to ensure they can access care in our communities.</p> <p>We will also ensure that ... refugee and migrant communities, and all our communities, have access to services that work for them.</p>	<p>Health equity matters for everyone</p> <p>Building our foundations</p> <p>pp15-16</p>
<p>Implementing a population health approach for all communities</p>	<p>A population health approach:</p> <ul style="list-style-type: none"> Recognises that our health and wellbeing is influenced by many factors outside the reach of the health system such as housing quality, employment and income and the environment. Includes collaboration with communities to work together to plan, design and deliver health services. 	<p>Building our foundations</p> <p>p20</p>
<p>A new people-focused health system – simpler for all communities to engage with decision makers, both regionally and nationally</p>	<p>There will be simpler ways for all our communities ... to engage with decision makers at national and regional levels.</p> <p>Implement people and whānau-centred service design with inclusive framework to deliver benefits and improve equity of outcomes.</p> <p>Support other agencies including the Health Quality and Safety Commission to easily and more consistently engage with diverse communities.</p> <p>Ensure the voices of consumers and whānau are heard. Measure consumer and whānau experience using approaches that support the diversity of their voices, establishing a core dataset to make consumer voices accessible across entities.</p> <p>Actions:</p> <ul style="list-style-type: none"> Build a platform with the Ministry for Ethnic Communities to include diverse ethnic voices in the design, delivery and performance of the health system. 	<p>Valuing the voices of consumers and whānau</p> <p>Section 1.1, p24</p>

WHAT IT IS	WHAT IT SAYS IN TE PAE TATA	WHERE IT IS
<p>Priorities for improving health outcomes and equity Supporting a community-led approach for improved wellbeing through localities</p>	<p>The National Public Health Service and Service Commissioning will work with locality provider networks and communities to support a whānau and community-led approach for improved wellbeing. Our COVID-19 response demonstrated that communities have the strength and capability to improve health and intervene early to prevent illness. Over the next two years, we will build on these achievements.</p> <p>For success, models of service delivery will vary around Aotearoa, responding to the needs, strengths and aspirations of local communities and localities.</p> <p>Actions:</p> <ul style="list-style-type: none"> Implement healthy public policies locally and regionally, to reduce harm from alcohol and other drugs, tobacco, unhealthy foods and obesogenic environments for all communities, with a focus on groups with inequitable outcomes. 	<p>Pae Ora better health in our communities Section 2.1, pp33-35</p>
<p>Cardiovascular diseases and other chronic conditions</p>	<p>One in four New Zealanders lives with multiple chronic health conditions that are often experienced by several generations in the same whānau, such as diabetes, heart disease and stroke. Cardiovascular diseases and high blood-pressure affect more than one in five adults and one in two people aged over 40. For half of Māori, Pacific and South Asian people, death from heart disease is premature, occurs earlier than 75 years, and is avoidable.</p> <p>Actions:</p> <ul style="list-style-type: none"> Implement accessible and nationally-consistent clinical pathways for diabetes, cardiovascular diseases, respiratory conditions, stroke and gout, supporting specialist teams to integrate with primary and community care providers to create seamless pathways for whānau. 	<p>Māuiuitanga taumaha People living with chronic health conditions Section 2.4, pp40-41</p>
<p>Mental health and wellbeing for communities Ensure nationally-consistent access to mental health and addiction services</p>	<p>Implement a National Mental Health System and Service Framework inclusive of Te Ao Māori solutions, with nationally-consistent targets.</p> <p>Actions:</p> <ul style="list-style-type: none"> Implement a nationally-consistent approach to the integration of specialist community mental health and addiction teams with NGOs, primary and community care. Develop solutions with communities ... to support people who are in mental distress or experiencing an acute mental health and addiction episode to access timely care and support. 	<p>Oranga Hinengaro People living with mental distress, illness and addictions Section 2.5, pp42-44</p>
<p>Priorities for improving health outcomes and equity Supporting a community-led approach for improved wellbeing through localities</p>	<p>Actions:</p> <ul style="list-style-type: none"> Implement the localities model across Aotearoa with locality partnership groups and provider networks to ensure all New Zealanders are part of a locality – Budget 22. Establish a Localities Learning Collaborative to facilitate learning, including understanding whānau and community experiences. 	<p>Transition to transformation Section 3.1, pp48-50</p>